

# June 2017 Aqua Schedule

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<u>Wednesday</u>	<u>Muscle Max</u>	<u>Moved to</u>	<u>12:15pm</u>	1	2	3
4	5	6	7 9am w/Holly 11am H2O Interval w/Victoria 12:15pm Muscle Max Light & 1:30 pm Aqua w/Victoria	8 9am Aqua Step w/Victoria 6:30pm w/Debbie	9 9am Aqua Zumba w/Joslyn 11am H2O Interval w/Klod	10 9am w/Pattie
11 9am Cardio/Core w/Lilia	12 9am w/Holly 11am H2O Interval w/Klod 12pm Muscle Max Light & 1:30 pm Aqua w/Victoria	13 9am Aqua w/Victoria 6:30pm w/Debbie	14 9am w/Holly 11am H2O Interval w/Victoria 12:15pm Muscle Max Light & 1:30 pm Aqua w/Victoria	15 9am w/Victoria 6:30pm w/Debbie	16 9am Aqua Zumba w/Joslyn 11am H2O Interval w/Holly	17 9am w/Pattie
18 9am Cardio/Core w/Lilia	19 9am w/Holly 11am H2O Interval w/Klod 12pm Muscle Max Light & 1:30 pm Aqua w/Victoria	20 9am Aqua w/Victoria 6:30pm w/Debbie	21 9am w/Klod 11am H2O Interval w/Victoria 12:15pm Muscle Max Light & 1:30 pm Aqua w/Victoria	22 9am Aqua Step w/Victoria 6:30pm w/Debbie	23 9am Aqua Zumba w/Joslyn 11am H2O Interval w/Holly	24 9am w/Pattie
25 9am Cardio/Core w/Lilia	26 9am w/Holly 11am H2O Interval w/Klod 12pm Muscle Max Light & 1:30 pm Aqua w/Victoria	27 9am Aqua w/Victoria 6:30pm w/Debbie	28 9am w/Klod 11am H2O Interval w/Victoria 12:15pm Muscle Max Light & 1:30 pm Aqua w/Victoria	29 9am w/Victoria 6:30pm w/Debbie	30 9am Aqua w/Victoria 11am H2O Interval w/Holly	