

May 2017 Aqua Schedule

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 9am w/Holly 11am H2O Interval w/Klod 12pm Muscle Max Light W/ Gretchen & 1pm Aqua w/Klod	2 11am Aqua w/Victoria 6:30pm w/Debbie 7:30pm Aqua Moms w/Debbie	3 9am w/Klod 11am H2O Interval w/Victoria 12pm Muscle Max Light & 1pm Aqua w/Victoria	4 11am Aqua Step w/Victoria 6:30pm w/Debbie 7:30pm Aqua Moms w/Debbie	5 9am Aqua Zumba w/Joslyn 11am H2O Interval w/Holly	6 9am w/Pattie
7 9am Cardio/Core w/Lillia	8 9am w/Holly 11am H2O Interval w/Klod 12pm Muscle Max Light & 1pm Aqua w/Victoria	9 11am Aqua w/Victoria 6:30pm w/Debbie 7:30pm Aqua Moms w/Debbie	10 9am w/Holly 11am H2O Interval w/Victoria 12pm Muscle Max Light & 1pm Aqua w/Victoria	11 11am Aqua Step w/Victoria 6:30pm w/Debbie 7:30pm Aqua Moms w/Debbie	12 9am Aqua Zumba w/Joslyn 11am H2O Interval w/Holly	13 9am w/Pattie
14 9am Cardio/Core w/Lillia	15 9am w/Holly 11am H2O Interval w/Klod 12pm Muscle Max Light & 1pm Aqua w/Victoria	16 11am Aqua w/Victoria 6:30pm w/Debbie 7:30pm Aqua Moms w/Debbie	17 9am w/Holly 11am H2O Interval w/Victoria 12pm Muscle Max Light & 1pm Aqua w/Victoria	18 11am Aqua Step w/Victoria 6:30pm w/Debbie 7:30pm Aqua Moms w/Debbie	19 9am Aqua Zumba w/Joslyn 11am H2O Interval w/Holly	20 9am w/Klod
21 9am Cardio/Core w/Lillia	22 9am w/Holly 11am H2O Interval w/Klod 12pm Muscle Max Light & 1pm Aqua w/Victoria	23 11am Aqua w/Victoria 6:30pm w/Debbie 7:30pm Aqua Moms w/Debbie	24 9am w/Holly 11am H2O Interval w/Victoria 12pm Muscle Max Light & 1pm Aqua w/Victoria	25 11am Aqua Step w/Victoria 6:30pm w/Debbie 7:30pm Aqua Moms w/Debbie	26 9am Aqua Zumba w/Joslyn 11am H2O Interval w/Holly	27 9am w/Pattie
28 9am Cardio/Core w/Lillia	29 Closed	30 11am Aqua w/Victoria 6:30pm w/Debbie 7:30pm Aqua Moms w/Debbie	31 9am w/Holly 11am H2O Interval w/Victoria 12pm Muscle Max Light & 1pm Aqua w/Victoria			

Beaumont Aqua Moms and Yoga Moms: To Register, Call Beaumont 800-633-7377