

Jun Jul & Aug

Summer 2022

Aqua

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Any Instructor changes will be posted when you register for class		1 9am Aqua Fit w/ Vanessa 1pm Aqua Blast w/ Victoria	2 9am Aqua Step w/ Victoria 11am Aqua Fit w/ Vanessa	3 11am H2O Interval w/ Coleen	4 9am All Out Cardio Core w/ Pattie
5 9am Cardio/Core w/ Coleen	6 9am Aqua Blast w/Victoria 11am Aqua Fit w/ Vanessa	7 9am Aqua Blast w/ Victoria	8 9am Aqua Fit w/ Vanessa 1pm Aqua Blast w/ Victoria	9 9am Aqua Step w/ Victoria 11am Aqua Fit w/ Vanessa	10 11am H2O Interval w/ Coleen	11 9am All Out Cardio Core w/ Pattie
12 9am Cardio/Core w/ Coleen	13 9am Aqua Blast w/Victoria 11am Aqua Fit w/ Vanessa	14 9am Aqua Blast w/ Victoria	15 9am Aqua Fit w/ Vanessa 1pm Aqua Blast w/ Victoria	16 9am Aqua Step w/ Victoria 11am Aqua Fit w/ Vanessa	17 11am H2O Interval w/ Coleen	18 9am All Out Cardio Core w/ Pattie
19 9am Cardio/Core w/ Coleen	20 9am Aqua Blast w/Victoria 11am Aqua Fit w/ Vanessa	21 9am Aqua Blast w/ Victoria	22 9am Aqua Fit w/ Vanessa 1pm Aqua Blast w/ Victoria	23 9am Aqua Step w/ Victoria 11am Aqua Fit w/ Vanessa	24 11am H2O Interval w/ Coleen	25 9am All Out Cardio Core w/ Pattie
26 9am Cardio/Core w/ Coleen	27 9am Aqua Blast w/Victoria 11am Aqua Fit w/ Vanessa	28 9am Aqua Blast w/ Victoria	29 9am Aqua Fit w/ Vanessa 1pm Aqua Blast w/ Victoria	30 9am Aqua Step w/ Victoria 11am Aqua Fit w/ Vanessa	Closed July 4th	