

<p>1</p> <p>7:30 PILATES PATTI 9 STEP &amp; WEIGHT PATTY 9 SPIN (AT) SHIRIN 10:15 HATHA/VIN CARYN 10 BOOTCAMP (GYM) ABBY</p>	<p>2</p> <p>5:45 SPIN (XP) AMIRA 8 SLOW FLOW SUE 9:15 SPIN (XL) 75 MIN SHIRIN 9:30 CARDIO-BARRE ANDY 11 MUSCLE MAX LT VICTORIA 4 RESTORATIVE YOGA CARYN 5 ZUMBA PATRICIA 6 CARDIO &amp; CORE MEGAN 6 SPIN (XP) NIKKI</p>	<p>3</p> <p>5:45 BOOTCAMP (GYM) AMIRA 8:30 BALANCE (STX) SUE 8:30 PILATES CORE LAURA 9:30 CARDIO BOX (GYM) ABBY 9:30 3-2-1 ANDY 10:30 YOGA BLEND ANDY 5:30 HATHA STEPH 6:30 KICKBOXING CHARLIE</p>	<p>4</p> <p>5:45 SPIN &amp; STRETCH CINDY 8 HATHA MICHAEL 9:30 STRICTLY STRGTH ABBY 9:30 SPIN (30/30) AMIRA 11 MUSCLE MAX LT VICTORIA 12 SPIN (C4LIFE) JOE 4:30 RESTORATIVE YOGA CARYN 5:30 ZUMBA PATRICIA 6 SPIN (B&amp;B) ADRIENNE 6:30 VINYASA LAUREN</p>	<p>5</p> <p>5:45 BOOTCAMP (GYM) LIZ 8:30 PILATES CORE LAURA 9:30 CARDIO BOX SHIRIN 9:30 CARDIO COMBO PATTY 10:30 VINYASA CARYN 5:30 STRICTLY STRGTH MEGAN 6:30 KICKBOXING CHARLIE</p>	<p>6</p> <p>5:45 SPIN B&amp;B LIZ 8 HATHA MICHAEL 8 EARLY BIRD BOX SHIRIN 9:15 SPIN &amp; CORE XL AMIRA 9:30 BOOTCAMP (GYM) ABBY 9:30 CIRCUIT STRNTH ANDY</p>	<p>7</p> <p>8 SPIN (AT) AMY 8 HATHA MIKE 9:15 SPIN XL MEGAN 9:15 STEP &amp; WEIGHTS PATTY 10:30 GLUTES &amp; CORE ABBY 11 KICKBOXING CHARLIE</p>
<p>8</p> <p>7:30 PILATES CNCLD 9 SPIN (AT) SHIRIN 10:15 HATHA/VIN CARYN 10 BOOTCAMP (GYM) ABBY</p>	<p>9</p> <p>5:45 SPIN (XP) AMIRA 8 SLOW FLOW MIKE 9:15 SPIN (XL) 75 MIN SHIRIN 9:30 CARDIO-BARRE ANDY 11 MUSCLE MAX LT VICTORIA 4 RESTORATIVE YOGA CARYN 5 ZUMBA PATRICIA 6 CARDIO &amp; CORE MEGAN 6 SPIN (XP) NIKKI</p>	<p>10</p> <p>5:45 BOOTCAMP (GYM) AMIRA 8:30 BALANCE (STX) MIKE 8:30 PILATES CORE LAURA 9:30 CARDIO BOX (GYM) ABBY 9:30 3-2-1 ANDY 10:30 YOGA BLEND ANDY 5:30 HATHA STEPH 6:30 KICKBOXING CHARLIE</p>	<p>11</p> <p>5:45 SPIN &amp; STRETCH CINDY 8 HATHA MICHAEL 9:30 STRICTLY STRGTH ABBY 9:30 SPIN (30/30) AMIRA 11 MUSCLE MAX LT VICTORIA 12 SPIN (C4LIFE) JOE 4:30 RESTORATIVE YOGA CARYN 5:30 ZUMBA PATRICIA 6 SPIN (B&amp;B) ADRIENNE 6:30 VINYASA LAUREN</p>	<p>12</p> <p>5:45 BOOTCAMP (GYM) LIZ 8:30 PILATES CORE LAURA 9:30 CARDIO BOX SHIRIN 9:30 CARDIO COMBO PATTY 10:30 VINYASA CARYN 5:30 STRICTLY STRGTH MEGAN 6:30 KICKBOXING CHARLIE</p>	<p>13</p> <p>5:45 SPIN B&amp;B CINDY 8 HATHA MICHAEL 8 EARLY BIRD BOX SHIRIN 9:15 SPIN &amp; CORE XL SHIRIN 9:30 BOOTCAMP (GYM) ABBY 9:30 CIRCUIT STRNTH ANDY</p>	<p>14</p> <p>8 SPIN (AT) AMY 8 HATHA SUE 9:15 SPIN XL MEGAN 9:15 STEP &amp; WEIGHTS PATTY 10:30 GLUTES &amp; CORE ABBY 11 KICKBOXING CHARLIE</p>
<p>15</p> <p>9 PILATES PATTI 9 SPIN (AT) SHIRIN 10:15 HATHA/VIN CARYN 10 BOOTCAMP (GYM) ABBY</p>	<p>16</p> <p>5:45 SPIN (XP) AMIRA 8 SLOW FLOW SUE 9:15 SPIN (XL) 75 MIN SHIRIN 9:30 CARDIO-BARRE ANDY 11 MUSCLE MAX LT VICTORIA 4 RESTORATIVE YOGA CARYN 5 ZUMBA PATRICIA 6 CARDIO &amp; CORE MEGAN 6 SPIN (XP) NIKKI</p>	<p>17</p> <p>5:45 BOOTCAMP (GYM) AMIRA 8:30 BALANCE (STX) SUE 8:30 PILATES CORE LAURA 9:30 3-2-1 ANDY 9:30 CARDIO BOX (GYM) ABBY 10:30 YOGA BLEND ANDY 5:30 HATHA STEPH 6:30 KICKBOXING CHARLIE</p>	<p>18</p> <p>5:45 SPIN &amp; STRETCH CINDY 8 HATHA MICHAEL 9:30 STRICTLY STRGTH ABBY 9:30 SPIN 30/30 AMIRA 11 MUSCLE MAX LT VICTORIA 12 SPIN (C4LIFE) MEGAN 4:30 RESTORATIVE YOGA CARYN 5:30 ZUMBA PATRICIA 6 SPIN (B&amp;B) ADRIENNE 6:30 VINYASA LAUREN</p>	<p>19</p> <p>5:45 BOOTCAMP (GYM) LIZ 8:30 PILATES CORE LAURA 9:30 CARDIO BOX SHIRIN 9:30 CARDIO COMBO PATTY 10:30 VINYASA CARYN 5:30 STRICTLY STRGTH MEGAN 6:30 KICKBOXING CHARLIE</p>	<p>20</p> <p>5:45 SPIN B&amp;B LIZ 8 HATHA MICHAEL 8 EARLY BIRD BOX SHIRIN 9:15 SPIN &amp; CORE AMIRA 9:30 BOOTCAMP (GYM) ABBY 9:30 CIRCUIT STRNTH ANDY</p>	<p>21</p> <p>8 SPIN (AT) AMY 8 HATHA SUE 9:15 SPIN XL MEGAN 9:15 STEP &amp; WEIGHTS PATTY 10:30 GLUTES &amp; CORE ABBY 11 KICKBOXING CHARLIE</p>
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<p>29</p> <p>9 PILATES PATTI 9 SPIN (AT) SHIRIN 10:15 HATHA/VIN CARYN 10 BOOTCAMP (GYM) ABBY</p>	<p>30</p> <p>CLUB CLOSED MEMORIAL DAY OBSERVED</p>	<p>31</p> <p>5:45 BOOTCAMP (GYM) AMIRA 8:30 BALANCE (STX) SUE 8:30 PILATES CORE LAURA 9:30 3-2-1 ANDY 9:30 CARDIO BOX (GYM) ABBY 10:30 YOGA BLEND ANDY 5:30 HATHA STEPH 6:30 KICKBOXING CHARLIE</p>	<p><b>MAY 2022 GROUPX &amp; SPIN</b></p>			