

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 LIKE US/FOLLOW US BEVERLYHILLSCLUB	GROUPX & SPIN OCTOBER 2026 MAKE SURE TO REGISTER ONLINE/APPI! FOR MOST ACCURATE SCHEDULE SEE APP WWW.BEVERLYHILLSCLUB.COM 31555 SOUTHFIELD RD, BEVERLY HILLS, MI 48025			1 5:45A BOOTCAMP AMIRA 8:30A PILATES SCULPT LAURA 9:30A BUTTS & GUTS ANG 9:30A STRICTLY STRENGTH ABBIE 10:30A STRETCH & RESET LAUREN 11:30A NEW CORE & FLOOR WENDY 5:30P MEET @THE BARRE NICOLE 6:30P B-CAMP&BAG JAY	2 5:45A SPIN B&B LIZ 7:45A HATHA ELLIE 9A CIRCUIT STRENGTH ANDY 9:30A SPIN 30/30 ANG 10A MINDFUL MOVEMNT ANDY	3 8A HATHA MICHAEL 9A SPIN XL SHIRIN 9A STEP & WEIGHTS PATTY 10A PILATES BARRE MICHAEL 10A BOOTCAMP AMIRA 11A B-CAMP & BAG JAY 11A ZUMBA LAUREN
4 8A PILATES PATTI 9A SPIN (AT) SHIRIN 10A BOOTCAMP ABBIE 10:15A HATHA/VIN CARYN	5 5:45A SPIN (XP) AMIRA 9A 321 ANDY 9:15A SPIN XL(75) ANG 9:30A PILATES SCULPT NICOLE 10A RESTORATIVE YOGA ANDY 11A MUSCLE MAX LT CARYN 4P MINDFUL MVMT CARYN 5:30P BUTTS & GUTS ABBIE	6 5:45A BOOTCAMP LIZ 8:30A BALANCE (STX) SUE 8:30A PILATES BARRE ANG 9:30A SURFSET STEPH 9:30A BUILT ALLIE 10:30A YOGA BLEND ELLIE 11A CORE & FLOOR WENDY 5:30P BARBELL FIT ABBIE 6:30P B-CAMP&BAG CHARLIE 6:30P PILATES SCULPT NICOLE	7 5:45A SPIN & STRETCH CINDY 8A HATHA MICHAEL ~~9:15A ULT STRENGTH CANCELED~~ 9:30A SPIN (30/30) ANG 9:30A BARBELL FIT ABBIE 11A MUSCLE MAX LT JAY 12P SPIN B&B JOE 4P RESTORATIVE YOGA CARYN 5:30P ULT STRENGTH JAY 6P SPIN ADRIENNE 6:30P VINYASA TAYLOR	8 5:45A BOOTCAMP AMIRA 8:30A PILATES SCULPT MICHAEL 9:30A BUTTS & GUTS ANG 9:30A STRICTLY STRENGTH ABBIE 10:30A STRETCH & RESET LAUREN 11:30A NEW CORE & FLOOR WENDY 5:30P MEET @THE BARRE NICOLE 6:30P B-CAMP&BAG CHARLIE	9 5:45A SPIN B&B LIZ 7:45A HATHA ELLIE 9A CIRCUIT STRENGTH ANDY 9:30A SPIN 30/30 ANG 10A MINDFUL MOVEMNT ANDY	10 8A HATHA ELLIE 9A SPIN XL ANG 9A STEP & WEIGHTS PATTY 10A PILATES BARRE LAURA 10A BOOTCAMP AMIRA 11A B-CAMP & BAG CHARLIE 11A ZUMBA LAUREN
11 8A PILATES PATTI 9A SPIN (AT) SHIRIN 10A BOOTCAMP ABBIE 10:15A HATHA/VIN ELLIE	12 5:45A SPIN (XP) AMIRA 9A 321 ANDY 9:15A SPIN XL(75) ANG 9:30A PILATES SCULPT NICOLE 10A RESTORATIVE YOGA ANDY 11A MUSCLE MAX LT CARYN 4P MINDFUL MVMT CARYN 5:30P BUTTS & GUTS ABBIE	13 5:45A BOOTCAMP LIZ 8:30A BALANCE (STX) SUE 8:30A PILATES BARRE LAURA 9:30A SURFSET STEPH 9:30A BUILT ALLIE 10:30A YOGA BLEND ELLIE 11A CORE & FLOOR WENDY 5:30P BARBELL FIT ABBIE 6:30P B-CAMP&BAG CHARLIE 6:30P PILATES SCULPT NICOLE	14 5:45A SPIN & STRETCH CINDY 8A HATHA MICHAEL 9:15A ULT STRENGTH ALLIE 9:30A SPIN (30/30) ANG 9:30A BARBELL FIT ABBIE 11A MUSCLE MAX LT JAY 12P SPIN B&B JOE 4P RESTORATIVE YOGA CARYN 5:30P ULT STRENGTH JAY 6P SPIN ADRIENNE 6:30P VINYASA TAYLOR	15 5:45A BOOTCAMP AMIRA 8:30A PILATES SCULPT LAURA 9:30A BUTTS & GUTS ANG 9:30A STRICTLY STRENGTH ABBIE 10:30A STRETCH & RESET LAUREN 11:30A NEW CORE & FLOOR WENDY 5:30P MEET @THE BARRE NICOLE 6:30P B-CAMP&BAG CHARLIE	16 5:45A SPIN B&B LIZ 7:45A HATHA ELLIE 9A CIRCUIT STRENGTH ANDY 9:30A SPIN 30/30 ANG 10A MINDFUL MOVEMNT ANDY 11:15A NEW MUSCLE MAX LT JAY	17 8A HATHA MICHAEL 9A SPIN XL ANG 9A STEP & WEIGHTS PATTY 10A PILATES BARRE LAURA 10A BOOTCAMP AMIRA 11A B-CAMP & BAG CHARLIE 11A ZUMBA LAUREN
18 8A PILATES PATTI 9A SPIN (AT) SHIRIN 10A BOOTCAMP ABBIE 10:15A HATHA/VIN CARYN	19 5:45A SPIN (XP) AMIRA 9A 321 ANDY 9:15A SPIN XL(75) ANG 9:30A PILATES SCULPT NICOLE 10A RESTORATIVE YOGA ANDY 11A MUSCLE MAX LT CARYN 4P MINDFUL MVMT CARYN 5:30P BUTTS & GUTS ABBIE	20 5:45A BOOTCAMP LIZ 8:30A BALANCE (STX) SUE 8:30A PILATES BARRE LAURA 9:30A SURFSET STEPH 9:30A BUILT ALLIE 10:30A YOGA BLEND ELLIE 11A CORE & FLOOR WENDY 5:30P BARBELL FIT ABBIE 6:30P B-CAMP&BAG CHARLIE 6:30P PILATES SCULPT NICOLE	21 5:45A SPIN & STRETCH LIZ 8A HATHA MICHAEL 9:15A ULT STRENGTH ALLIE 9:30A SPIN (30/30) ANG 9:30A BARBELL FIT ABBIE 11A MUSCLE MAX LT JAY 12P SPIN B&B JOE 4P RESTORATIVE YOGA CARYN 5:30P ULT STRENGTH JAY 6P SPIN ADRIENNE 6:30P VINYASA TAYLOR	22 5:45A BOOTCAMP AMIRA 8:30A PILATES SCULPT LAURA 9:30A BUTTS & GUTS ANG 9:30A STRICTLY STRENGTH ABBIE 10:30A STRETCH & RESET LAUREN 11:30A NEW CORE & FLOOR WENDY 4:30P NEW HATHA LINDA 5:30P MEET @THE BARRE NICOLE 6:30P B-CAMP&BAG CHARLIE	23 5:45A SPIN B&B LIZ 7:45A HATHA ELLIE 9A CIRCUIT STRENGTH ANDY 9:30A SPIN 30/30 ANG 10A MINDFUL MOVEMNT ANDY 11:15A NEW MUSCLE MAX LT JAY	24 8A HATHA MICHAEL 9A SPIN XL ANG 9A STEP & WEIGHTS PATTY 10A PILATES BARRE LAURA 10A BOOTCAMP AMIRA 11A B-CAMP & BAG CHARLIE 11A ZUMBA LAUREN
25 8A PILATES PATTI 9A SPIN (AT) SHIRIN 10A BOOTCAMP ABBIE 10:15A HATHA/VIN ELLIE	26 5:45A SPIN (XP) AMIRA 9A 321 ANDY 9:15A SPIN XL(75) ANG 9:30A PILATES SCULPT NICOLE 10A RESTORATIVE YOGA ANDY 11A MUSCLE MAX LT CARYN 4P MINDFUL MVMT CARYN 5:30P BUTTS & GUTS ABBIE	27 5:45A BOOTCAMP LIZ 8:30A BALANCE (STX) SUE 8:30A PILATES BARRE LAURA 9A BOXING/BOOTCAMP STEPH 9:30A BUILT ALLIE 10:30A YOGA BLEND ELLIE 11A CORE & FLOOR WENDY 5:30P BARBELL FIT ABBIE 6:30P B-CAMP&BAG CHARLIE 6:30P PILATES SCULPT NICOLE	28 5:45A SPIN & STRETCH CINDY 8A HATHA MICHAEL 9:15A ULT STRENGTH ALLIE 9:30A SPIN (30/30) ANG 9:30A BARBELL FIT ABBIE 11A MUSCLE MAX LT JAY 12P SPIN B&B JOE 4P RESTORATIVE YOGA CARYN 5:30P ULT STRENGTH JAY 6P SPIN ADRIENNE 6:30P VINYASA TAYLOR	29 5:45A BOOTCAMP AMIRA 8:30A PILATES SCULPT LAURA 9:30A BUTTS & GUTS ANG 9:30A STRICTLY STRENGTH ABBIE 10:30A STRETCH & RESET LAUREN 11:30A NEW CORE & FLOOR WENDY 4:30P NEW HATHA LINDA 5:30P MEET @THE BARRE NICOLE 6:30P B-CAMP&BAG CHARLIE	30 5:45A SPIN B&B LIZ 7:45A HATHA CARYN 9A CIRCUIT STRENGTH ANDY 9:30A SPIN 30/30 ANG 10A MINDFUL MOVEMNT ANDY 11:15A NEW MUSCLE MAX LT JAY	31 happy halloween 8A HATHA MICHAEL 9A DJ SPIN ANG & MATT 9A STEP & WEIGHTS PATTY 10A PILATES BARRE LAURA 10A BOOTCAMP AMIRA 11A B-CAMP & BAG CHARLIE 11A ZUMBA LAUREN 